



Reflection on Ecological Conversion

Lent 2023

*We commit to deepening our Ecological Conversion,
by broadening our education for ourselves and others
on the current environmental crisis.*

*We commit to taking concrete actions individually and as a community
to bring healing to Earth, to end the misuse of creation,
and to call on our nation's leaders to bring about lasting environmental changes.
(Provincial Commitment Statement)*

Think

What is Ecological Conversion?

Ecological conversion is **a new way of life**. A person's ecological conversion means that the effects of their encounter with Jesus Christ become evident in their relationship with the world around them. God calls us to live the vocation of being protectors of Creation.

Watch: <https://www.youtube.com/watch?v=xSctOJ49FRQ>

Reflect

Reflection on Ecological Conversion

1. Listening to the cry of the earth: Do I consider how my choices impact the earth? What are some of my actions that I can improve?
2. Listening to the cry of the poor: Do I consider how my choices affect all forms of life? Can I grow in my appreciation of my connection with all of humanity and all of creation?
3. Do my actions educate others about care of earth? Am I committed to living a simple lifestyle, living "*simply so others can simply live.*"
4. Where do I see a need for spiritual and ecological conversion in my life?
5. Is joyful praise for God's creation part of my daily life?



Prayer for Ecological Conversion

God of the sun and the moon,
of the mountains, deserts and plains,
God of the mighty oceans, of rivers, lakes and streams
God of all creatures that live in seas and fly in the air
of every living thing that grows and moves on this sacred Earth.

We are formed by Christ into Your People,
called to bring the world into Your marvelous light.
As the Body of Christ, we are messengers
of ecological vocation.
We are entrusted with caring for this Earth
which You have created.

Help us to love and respect it; to repair what we have damaged;
to care for what You have made good and holy.
Give us the wisdom and the passion to change our minds,
our hearts and our ways.
Let us be mustard seeds in our world bringing about
ecological conversion which grows and spreads
to every corner of the Earth.
For our sake now and for every generation which is to come.

We ask this through Christ, Our Lord. Amen.